

Dear Guest,

Our team here at the Kenmare Bay have been fully trained to give an enjoyable dining experience whilst following the Government & HSE guidelines. Please enjoy our breakfast counters where your breakfast will be served to you by our friendly breakfast staff.

Our Daily Breakfast Counters A Selection of juices (Orange, Cranberry, Apple) A Selection of Cereals^ & Porridge* Dried Fruit & Nuts^ Fresh Brown Soda Bread & Bagels* Croissants & Pastries* Homemade Fresh Fruit Salad*, Grapefruit*, Prunes* & Pineapple* Fresh Whole Fruit* Fruit & Natural Irish Probiotic Yoghurt* A Selection of Cheeses* & Meats* Chefs Homemade Smoothie of the Day*

> Our Hot Breakfast Fried & Fluffy Scrambled Egg* Grilled Irish Bacon* Traditional Black & White Pudding* Cronins Pork Sausages* Grilled Tomato* Herbed Button Mushrooms* Crispy Potato Hash Browns* Baked Beans* Tea & Coffee



Allergen Guide



1. Cereals - gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soya and soy beans 7. Milk, dairy containing Lactose 8. Nuts 9. Celery 10. Molluscs 11. Mustard 12. Lupine 13. Sesame seeds 14. Sulphites, alcohol

Breakfast Items

Cereals (1) Muesli (1,5) Dried Fruit & Nuts (5) Fresh Brown Soda Bread & Bagels (1,7,12)